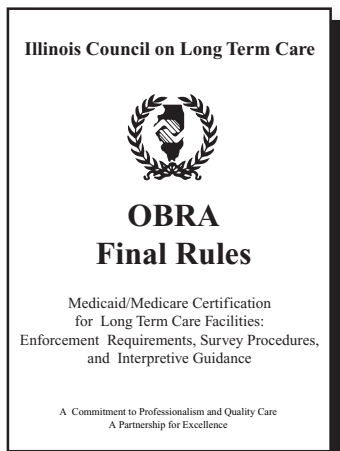




Illinois Council on Long Term Care 2012 Publications Catalog

**A Commitment to Professionalism and Quality Care
A Partnership for Excellence**



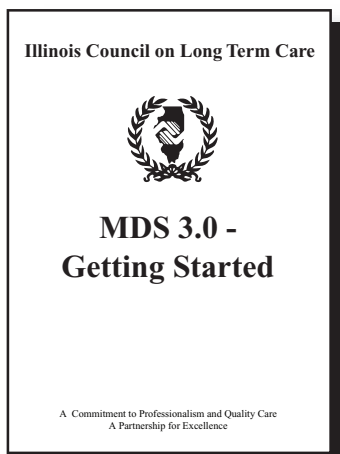
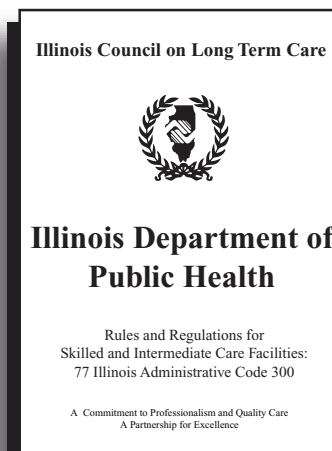
This is the most up-to-date 2012 version of the federal Medicaid/Medicare Certification Enforcement Requirements, Survey Procedures and Interpretive Guidance for long term care facilities. The manual contains all the recent revisions of the past two years for MDS 3.0, infection control, pain management, resident dignity and pioneer practices, quality assurance, activities, vaccinations, pharmacy and medication management, and nutrition and sanitation. The Council's updated OBRA Manual is the complete working document used by surveyors and contains the following:

- The Regulations, Federal Medicare and Medicaid requirements for certified long term care facilities, regulations 42 CFR Part 483
- The Survey Forms, as revised in CMS' State Operations Manual
- The Survey Procedures, F-Tags, and Guidance to Surveyors

Price: \$150.00 for non-members, \$75.00 for Illinois Council and Illinois Health Care Association Members

The Illinois Department of Public Health, Section 300, Rules and Regulations for Skilled and Intermediate Care Facilities is the complete and comprehensive state licensure rules for all Illinois nursing homes, including the recent changes in levels of violations, new fines and penalties, high risk violations, cancer screenings, disaster preparedness, physical plant, sexual assault, whistle blowers, and background check provisions for residents. Also included are additional state codes for language assistance services, tuberculosis control, and the new fingerprint healthcare worker background check provisions.

Price: \$150.00 for non-members, \$75.00 for Illinois Council and Illinois Health Care Association members



As of October 1, 2010, all long term care facilities had to transition from the MDS 2.0 to the new MDS 3.0, with an entirely different approach to assessments. Changes in the MDS 3.0 require advanced interviewing skills, comprehensive wound assessment, new schedules, new forms and new transmissions guidelines. The complete manual not only provides the Chapter 3 interpretive guidelines for coding, but a detailed comparison of MDS 2.0 and 3.0, interviewing tips, new approaches to OMRA assessments, instructions on how to conduct the new Care Area Assessments (CAA), resident interview cue cards. and the CMS matrix of items to be coded on each assessment.

Price: \$150.00 for non-members, \$75.00 for Illinois Council and Illinois Health Care Association members

The Illinois Council on Long Term Care is a professional healthcare association representing nearly 200 long term care facilities, providing care and services to more than 37,000 nursing home residents in Illinois. The mission of the Council is to achieve the highest possible Quality of Life for nursing home residents through a working partnership with government, families, caregivers, and residents to establish nursing home standards of excellence.

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The New RUGs IV- Starting Over

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Starting October 1, 2010 the Medicare Prospective Payment System (PPS) changed from using RUGs III to RUGs IV. RUGs IV is significantly different from RUGs III in the calculation of therapy minutes, what patient conditions are and are not covered, the rearrangement of the groupings, new ADL scoring, revised look-back provisions, and new submission requirements. This manual clearly identifies what has changed in each of the groupings, the new approaches to therapy, and helpful tips on billing coordination and schedules.

Price: \$100.00 for non-members; \$50.00 for Illinois Council and Illinois Health Care Association members

The most frequent citation in the OBRA certification process is F323 Accidents and Falls. This manual not only reviews the federal and state requirements for a comprehensive facility approach to accident and fall prevention, but provides a complete model of facility policies and procedures; accident and fall investigation protocols; resident, family and staff training materials; and a guide for resource materials for establishing a facility culture of safety.

Price: \$100.00 for non-members; \$50.00 for Illinois Council and Illinois Health Care Association members

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F323 Accident and Fall Prevention Strategies - Creating a Culture of Safety

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Standardized Admission Packet For 2012

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The **Standardized Admission Packet** is a comprehensive collection of admissions forms utilized by hundreds of admissions directors throughout Illinois. The packet includes a standardized admissions contract, forms on caregiving issues, materials on lifestyle issues, financial notifications for Medicare and Medicaid, and advance directives forms, including living will and durable power of attorney. The packet contains all the admissions materials required by state and federal law including the latest HIPAA requirements. In addition, it provides Year 2011 updates on Benefit Rights and Eligibility Information Under Medicaid (both Single Individuals and Married Couples with One Person in the Community) and Year 2011 Benefit Rights Under Medicare, including Part D notifications.

NEW: Now in PDF Electronic Version

Price: \$200.00 for non-members; \$100.00 for Illinois Council and Illinois Health Care Association members

The Occupational Safety and Health Administration (OSHA) has singled out the long term care industry as a business which has an above average level of worker injuries and accidents. As a result of this increased focus, nursing homes are a prime target for random OSHA inspections. To satisfy OSHA regulations, nursing homes must have a series of worker safety programs in place, including bloodborne pathogens, tuberculosis, ergonomics, workplace violence, hazard communications, lock-out/tag-out, confined spaces, and fire safety and disaster preparedness. The **Council's two-volume OSHA Compliance Program**, developed specifically for nursing homes, not only contains the required programs, but also includes essential staff training programs to help facilities comply with OSHA.

Price: \$200.00 for non-members, \$100.00 for Illinois Council and Illinois Health Care Association members

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OSHA Compliance Program

A Two Volume Policy and Training
Handbook

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Nursing Quality Assurance Program for LTC Facilities

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This Quality Assurance manual for nursing is designed to assist today's long term care nursing departments in complying with OBRA Quality of Care standards, IDPH regulations, OSHA guidelines and requirements for Medicaid and Medicare reimbursement. Developed by a team of front-line nurses, the quality assurance approach of 16 sentinel Focused Rounds (where there's smoke) and more than 100 targeted Quality Assurance Reviews (there's the fire) can help a facility develop a practical, proactive Quality Improvement Program that addresses nursing care issues before they become problems. For facilities cited for nursing care violations, the care-specific Quality Assurance Reviews provide a standardized path for correction, and are recognized by IDPH as an acceptable Plan of Correction. The manual offers instructions on how to set up a program that satisfies all the Quality Assurance Committee requirements for OBRA F-tag 520 and for the Joint Commission.

Price: \$200.00 for non-members, \$100.00 for Illinois Council and Illinois Health Care Association members

Pressure ulcers are the primary cause of nursing home lawsuits and a central focus of the public release of the Quality Measures. The management and treatment of pressure ulcers require a coordinated, facility-wide management protocol. The Council's **Wound Management Protocol** incorporates guidelines from the Agency for Health Care Policy and Research (AHCPR) and the Wound Ostomy Continence Nurses Society (WOCN). It contains policies, procedures, documentation forms, care plan suggestions, quality assurance forms, training materials, as well as suggested treatment protocols, all updated with the latest OBRA regulations.

Price: \$100.00 for non-members, \$50.00 for Illinois Council and Illinois Health Care Association members

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Wound Management Protocol

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Facility Abuse Prevention Program

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One of the highest priorities of both the federal and state enforcement agencies is Abuse Prevention in nursing homes. In response to extensive federal and state requirements and enforcement protocols for Abuse Prevention, the Illinois Council assembled a panel of legal, management, and clinical experts to develop a model program of abuse prevention. This comprehensive, standardized, ready-to-use best practices program for Abuse Prevention and Investigation includes new facility policies for abuse prevention, extensive orientation and training for staff, specific investigation procedures for reporting and investigating any suspected abuse, immediate measures to protect residents, and detailed management quality monitoring probes. This **Facility Abuse Prevention Program** has been reviewed by the Illinois Department of Public Health and contains the policies that Illinois nursing facilities need to comply with the state laws and the new federal requirements.

Price: \$50.00 for non-members, \$30.00 for Illinois Council and Illinois Health Care Association members

Pain management has become a front-burner issue for long term care facilities, receiving increased attention from CMS and IDPH. It also plays a role in a facility's Medicaid reimbursement. Recent studies have shown that nursing home residents are seriously under-assessed and under-treated for pain. Recognizing the growing importance of this issue, the Illinois Council has developed a comprehensive **Pain Management Protocol** that can be used by facilities to put an entire program together from start to finish. The protocol includes policies and procedures, assessment forms, pain tracking tools, care planning guides, staff training modules, physician communication tools, medication guidelines, and an overview of supplementary comfort measures. The protocol provides a detailed blueprint for putting pain management principles into practice to improve outcomes and quality of life.

Price: \$50.00 for non-members, \$30.00 for Illinois Council and Illinois Health Care Association members

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Pain Management Protocol

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Resident Attendant Model Training Program

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OBRA regulations now allow Paid Feeding Attendants in long term care facilities. The Illinois Council's **Resident Attendant Model Training Program** is a state-approved program that meets the requirements for Illinois State Resident Attendant Training, including feeding assistance. This course can be taught by a registered nurse alone or with a dietitian. In order to teach a Resident Attendant Program in Illinois, a facility must first apply for a program number and get program approval from IDPH. The Illinois Council Resident Attendant Training Program contains everything the facility needs for program submittal. The packet includes Resident Attendant Job Description, Policy and Procedure, Training Program, Manual Skills Competency Evaluation, Sample Master Schedule, Sample Daily Schedule, IDPH Official Class Roster, Textbook Suggestions, and Required Facility Policy Statements.

Price: \$200.00 for non-members; \$100.00 for Illinois Council and Illinois Health Care Association members

Regulations, Survey Citations, and You is an entertaining, but serious look at the survey process. Through the use of graphics, catchy phrases, and pictures, the survey process is explained in a non-threatening way. Direct care staff are able to read this booklet and know what essential practices are expected of them on a daily basis and during the survey process. Key areas featured in this booklet are Resident Rights; Infection Control; Safety; Privacy; Personal Care; Communication with Residents, Families, and Surveyors; Dining; and Laundry.

Price: \$50.00 for non-members (50 booklets), \$30.00 for Illinois Council and Illinois Health Care Association members (50 booklets)

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Regulations, Survey Citations, and You

A Survival Guide for CNAs

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Quality Customer Relations

A Guide for Staff at Long Term Care Facilities

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In today's competitive marketplace, providing quality customer relations is an increasingly important issue that involves every department and every staff person at a facility. **Quality Customer Relations** provides an overview, written specifically for front-line staff, about successful customer relations approaches that greatly impact a facility's reputation in the community. Topics covered include Creating a Positive First Impression; Utilizing Proper Telephone Etiquette; Effectively Communicating with Facility Customers; Offering Care and Compassion to Residents and Families; Handling Customer Conflicts; and Focusing on Solutions to Problems, Rather Than Just Offering Excuses.

Price: \$50.00 for non-members (50 booklets), \$30.00 for Illinois Council and Illinois Health Care Association members (50 booklets)

The Illinois Council on Long Term Care has created the guidebook **Working Successfully with the Media** to provide practical and easy-to-understand information about how to harness the power of the media for the benefit of your facility and our profession. The guidebook covers two areas:

Earning Positive Media Coverage – This section covers making stories attractive to the media, writing press releases, creating a media list, pitching stories to editors, completing interviews and many other topics.

How to Handle a Media Crisis – This section outlines a standardized facility policy for handling media inquiries, appointing spokespeople, determining key messages, releasing statements to the media, and declining comment with skill when necessary.

Price: \$50.00 for non-members, \$30.00 for Illinois Council and Illinois Health Care Association members

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Working Successfully with the Media

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All Illinois Council on Long Term Care publications are available for a limited time only, and will be sold on a first-come, first-served basis. In the event the publication you have ordered has been sold out, your check will be returned.

**Health Care Council of Illinois
Illinois Council on Long Term Care
2012 Publications Order Form**

Pub. #	Item Description	Qty.	Unit Price	Total Price
1999D	OBRA 99 Final Rules		Non-Member: \$150.00 Council/IHCA Member: \$75.00	
1994A	IDPH Rules and Regulations		Non-Member: \$150.00 Council/IHCA Member: \$75.00	
2601	MDS 3.0 - Getting Started		Non-Member: \$150.00 Council/IHCA Member: \$75.00	
2602	The New RUGs IV - Starting Over		Non-Member: \$100.00 Council/IHCA Member: \$50.00	
2603	F323 Accident and Fall Prevention Strategies		Non-Member: \$100.00 Council/IHCA Member: \$50.00	
2106	Standardized Admission Packet		Non-Member: \$200.00 Council/IHCA Member: \$100.00	
1998D	2-Volume OSHA Compliance Program		Non-Member: \$200.00 Council/IHCA Member: \$100.00	
1998C5	Nursing Quality Assurance Program for LTC Facilities		Non-Member: \$200.00 Council/IHCA Member: \$100.00	
2103	Wound Management Protocol		Non-Member: \$100.00 Council/IHCA Member: \$50.00	
1999C	Facility Abuse Prevention Program		Non-Member \$50.00 Council/IHCA Member: \$30.00	
2108	Pain Management Protocol		Non-Member: \$50.00 Council/IHCA Member: \$30.00	
2107	Resident Attendant Model Training Program		Non-Member: \$200.00 Council/IHCA Member: \$100.00	
2003	Regulations, Survey Citations, and You (50 Booklets)		Non-Member: \$50.00 Council/IHCA Member: \$30.00	
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2501	Working Successfully with the Media		Non-Member: \$30.00 Council/IHCA Member: \$20.00	
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